ROAN MOUNTAIN 10K RUN
Saturday, October 18, 2008

Part of the 30th Annual Tennessee State Park Running Tour

ROAN MOUNTAIN STATE PARK, 1015 Highway 143, Roan Mountain, TN.
Directions: From Knoxville, take I-81 to Kingsport. Turn right on I-26 (formerly I-181) to Johnson City. Turn left on Hwy 321 to Elizabethton and right on Hwy 19E to Roan Mountain. Turn right on Hwy 143 to the Park entrance and continue to the restaurant. Park phone 423-772-0190.

Start on Hwy 143 at the campground entrance. **Finish** at the cabins entrance. Race starts at 11:00 A.M. Eastern Standard Time.
Certified Course: Two miles flat or downhill to Sugar Hollow Rd. Left on Dark Hollow Rd (mile 3), then left on Hampton Creek Rd back to Hwy 143 (mile 4) and back up to the finish (6.2 miles).

Long Sleeve T-shirt: guaranteed to all pre-registered runners.
Pre-registration deadline: October 11, 2008. Race day registration from 10:00 to 11:00 a.m.

Awards: Special awards to top male and female overall, masters (40+) and grandmasters (50+). Ten-year age groups with top 3 awards in each category from under 20 to 60+. Award ceremony at the restaurant with a chili lunch.

Entry Fee: $18.00 with or $5.00 without shirt, payable to SFTC (club members $17.00). Race day without T-shirt $17.00, with shirt $20.00 (if available).

Race director: Rob Schoborg (423) 439-6295 or (423) 926-1265.
Email: schoborg@etsu.edu

Mail registration to: **Roan Mountain Run**
State of Franklin Track Club
P. O. Box 6427
Kingsport, TN 37663

Link to Registration Forms